

Caesarean / C-Section



Some women find it **hard** to **give birth naturally**. If this happens you might be offered a **C-Section**.

This is an **operation** where the doctor **cuts** your **tummy** open to take the **baby out**.



You will be given **medicine** so that you feel **no pain**.
You will be **awake** when the baby comes out of your tummy.



The operation is **short**. It takes less than an **hour**.



You can **hold** your **baby** as soon as they are **born**.



Your **tummy** will feel **sore**. You will be asked to **walk** around because this will help you to feel **better**.



You should be able to go **home 2-4 days after** the operation.