



Birmingham Community Healthcare Charity

*Better Care: Healthier Communities*



# Brave it for BCHC



Take on a challenge in 2018 and help  
us make a difference for our patients

[bchc.charity@bhamcommunity.nhs.uk](mailto:bchc.charity@bhamcommunity.nhs.uk)

0121 466 7314



Registered charity number: 1069427

Birmingham Community Healthcare  
NHS Foundation Trust



Could you help bring a smile to our patients and enhance their experience by taking part in one of our exciting events?

## Snowdon



Conquer Mount Snowdon in 2018, 'the largest mountain in England and Wales'. Registration includes transport, lunch and guides.

Registration: £45

Minimum sponsorship: £100

## Tandem skydive

Take on the breath-taking challenge of plunging 10,000ft-plus over Cambridgeshire, jumps taking place in May and October 2018.



Registration £50

Minimum sponsorship £300

## Dragon boat race

Get in touch if you want to be part of our Dragon Boat Team at Edgbaston Reservoir on Saturday 9th June. It's a family fun day with 3 races, medals to be won and a prize for best fancy dress!

Registration £40



Cycle 100 miles across Birmingham and beyond in 2018. Whether you are a seasoned sportive rider or a cycling newbie, it will be an unforgettable experience.

Registration £40

Minimum sponsorship £400



## Love running?

Let us know and you can be registered to take part in the Big Fun Run, the Great Birmingham Run or the Birmingham International Marathon in 2018!

## BCHC Pantomime:

Join us for our very first BCHC Charity Pantomime!

Taking place over the weekend of January 26th 2018, it's sure to be fun for all the family!



Some events do not have a minimum sponsorship but we encourage individuals to raise as much as they can to help us make a difference.

We are always looking for people to take on other sporting challenges as well as baking, dressing up and having fun in lots of other ways to help us raise money. Get in touch to find what other events we have planned or to tell us your idea!

Whatever challenge you choose once registered we will support you with fundraising tips, training support, sponsor forms, leaflets and charity merchandise and of course a t-shirt for your event.

To find out more and register contact Sarah Binks, Charity manager  
email: [BCHC.charity@bhamcommunity.nhs.uk](mailto:BCHC.charity@bhamcommunity.nhs.uk) tel: 0121 466 7314.