

Occupational Therapy Helpful websites and contacts

Autism Support

The National Autistic Society

Support available for young people and families living with Autism. Information available on the website includes strategies for education (primary, secondary, college), home, community and the work place. Become a member and receive regular updates through email.

www.autism.org.uk

Autism West Midlands

Leading charity for autism support within the West Midlands. Services offered range from childhood to adulthood. This charity provides advice and training to families and professionals as well as groups and activities that families can attend.

www.autismwestmidlands.org.uk

Resources for Autism

Registered charity offering support to families including care packages, holiday play schemes, sibling support groups and more. Services are available in London and the West Midlands.

www.resourcesforautism.org.uk

Cerebral Palsy Support

Cerebral Palsy

Supports individuals who are affected by Cerebral Palsy. Information available on the condition, diagnosis, help and advice.

www.cerebralpalsy.org.uk

Hemi-Help

Organisation supporting families with children who have a diagnosis of hemiplegia. The organisation holds activity days, fundraising events, support services and a helpline.

www.hemihelp.org.uk

Developmental Coordination Disorder (DCD)/dyspraxia

Dyspraxia Foundation

A registered charity offering help and advice for children, young people and adults who motor coordination difficulties. Online support and practical advice and strategies for the home, education and work environment.

www.dyspraxiafoundation.org.uk

Children with Disabilities

Cerebra

Charity to support the parents of children (16 and under) with brain related neurological conditions, these can include ASD, ADHD, Cerebral Palsy, developmental delay, learning difficulties to name a few. Many resource packs available on their website for parents.

www.cerebra.org.uk



Contact

Organisation established in the 1970's to support families with disabled children. This organisation offers advice, support, help line and an online community.

www.contact.org.uk

SCOPE

Disability equality charity that offers practical advice and support along with continuous campaigning for equality.

www.scope.org.uk

Shine Charity

A registered charity providing support and advice to families for children with a diagnosis of spina bifida and hydrocephalus.

www.shinecharity.org.uk

MENCAP

The voice of learning disabilities. Advice and support around learning disabilities.

www.mencap.org.uk

www.midlandmencap.org.uk

Fledglings

National charity that supports families with products for children with additional needs.

www.fledglings.org.uk

Charity Funding

The following charities will support families of children with additional needs in funding products or equipment, applications need to be made to the charities for funding. For further information refer to the following websites:

www.newlifecharity.co.uk

www.familyfund.org.uk

Mental Health Support

PAUSE

A drop in centre based in Digbeth for children and young people experiencing difficulties with mental health or emotional health. No appointment needed.

Contact number: 0300 300 0099

www.forwardthinkingbirmingham.org.uk/services/13-pause

Forward Thinking Birmingham

Mental health and emotional health support for children and young people (0-25years) within Birmingham. Referrals can be completed by families, health professionals or through school or colleges, individuals referred in must be registered with a Birmingham GP.

www.forwardthinkingbirmingham.org.uk

Sensory resources

The following websites provide information on products to support children with sensory needs.

www.sensorydirect.com

www.rompa.com

www.fledglings.org.uk

www.spacekraft.co.uk

www.exploreoursenses.co.uk

www.mymodulator.com

www.multi-sensoryworld.co.uk

Local links and useful contact numbers

Birmingham Wheelchair Services
0121 466 3220

Medequip - Community Equipment Service
0121 503 8850

Birmingham City Council Children's Occupational Therapy team for home adaptations
0121 303 1888
Referral forms available to download via www.birminghamchildrenstrust.co.uk

Regional driving centre
Provide support with child car seats and harnesses www.rdac.co.uk

Birmingham City Council
Website provides local information and advice on benefits and support, children and families, parks, leisure centres, play schemes and activities to do locally. Access via www.birmingham.gov.uk