Dental Services Division

General Urgent Guidance for patients

Broken or lost teeth/filling:
- The tooth can be repaired with a dental first aid kit called Dentek – from a chemist, Boots or online
- Maintain good oral hygiene and a low sugar diet to prevent any decay from occurring or existing decay from getting worse

Crown or veneer loose:
- Please avoid biting on the tooth Keep the tooth clean and eat a low sugar diet to help prevent decay

Crown or veneer out:
- A temporary repair kit such as Toofypegs from boots/chemist can be used to re-stick lost crowns and veneers at home
- Good Oral Hygiene and a low sugar diet will help prevent the tooth underneath from getting decayed

Rubbing or loose denture:
- Consider using a fixative for loose dentures like Fixodent
- Seabond denture pads may also make a denture more comfortable or stable
- Do not adjust your denture, but leave your denture out if it is too sore to wear

Fractured denture:
- Leave the denture out and do not wear.

Sensitivity to hot and cold:
- Teeth can be sensitive due to receding gums, large fillings or decay
- Brush with a sensitive toothpaste and place Sensodyne toothpaste in the areas of sensitivity and leave it on overnight
- Maintain good oral hygiene and limit sugar in your diet to prevent any decay from getting worse

Loose implant or implant crown:
- Keep area around implant clean – brush twice a day and use interdental brushes around the implant.
- If crown very loose, remove from mouth and keep in secure place until can be seen by the dental team (unknown timescale). Keep area around implant clean.